

# IMPORTANT! H1N1 (“swine flu”) Information



## Do you have some of the symptoms below?

- Fever (greater than 100°F or 38°C)
- Sore throat
- Cough
- Stuffy nose
- Chills
- Headache and body aches
- Fatigue
- Vomiting and Diarrhea

**If you answered “YES”, please STAY HOME  
and contact your health care provider.**

• For information on what to do, please call the Lexington-Fayette County Health Department’s **flu hotline at (859) 288-7529.**

## Prevent the spread of H1N1 (“swine flu”):

- Wash your hands with soap and warm water, or use an alcohol-based hand gel.
- When you cough or sneeze, cover your nose and mouth with a tissue or your sleeve (if you do not have a tissue).
- Throw used tissues in a trash can.
- Avoid contact with others who are sick. If you are sick, please stay home and avoid traveling.



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**(859) 259-2635**

**1-877-527-2583**

**1-877-LaSalud**



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